FPN



the FOUNDATION *for* PERIPHERAL NEUROPATHY®

DEDICATED to REVERSING the IRREVERSIBLE

SPRING 2012

A MESSAGE FROM THE EXECUTIVE DIRECTOR



"No winter lasts forever; no spring skips its turn." ~ Hal Borland

This spring the Foundation is off to a successful start beginning with our inaugural research symposium that took place in March. This unique

symposium brought to light the challenges currently affecting the progress of peripheral neuropathy research and the opportunities to change the direction and move it forward.

Underwritten in part by FPN, we were joined by generous sponsors who helped make the symposium possible. You can read more about the symposium, and our next steps on page 2.

Also this spring, a national publication featured an executive profile on our founder, Jack Miller. Showcasing his struggles with PN and his commitment to finding a cure, the article also acknowledges Mr. Miller's generous philanthropic contribution and the essential need that more needs to be done and more dollars need to be raised. We at the Foundation for Peripheral Neuropathy believe all sectors of academia, government, industry, nonprofit and philanthropy have a critical role to play in catalyzing these efforts. You can read an excerpt of his story on page 3.

Recently we introduced our FPN video during the welcome reception at our Research Symposium. The video features three patients living with Peripheral Neuropathy—their struggles, restrictions, and how they have worked to overcome their challenges. Please visit our website at **www.foundationforpn.org** to watch the video.

The Peripheral Neuropathy Research Registry, (PNRR), has been launched and it is fully underway. This important Registry will track patient information and allow researchers to learn more about PN. Read more about this study and how you can participate on page 2.

We are sincerely grateful to all of our supporters. To those new to the foundation, welcome, we are glad to have you join our community. To our loyal supporters, your support allows the advancement of our transformative programs. I am confident that together we will create a brighter future for YOU and your loved ones.



Pam Shlemon

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Embracing the New You— A Mental Makeover "What people don't realize

is how much of a shock neuropathy can be. The disease is bad enough, but even greater than that is the impact it has on a person's self-image, self-worth, and self-confidence."

Those are the words of someone who struggles with peripheral neuropathy (PN). Like many, he learned that while neuropathy doesn't seem so bad in the beginning, the symptoms can become so severe you become limited in what you can do in a way that you never have known or even imagined before. "Sports and fitness exercises become difficult to impossible and your social life disappears like snowflakes in the sun."

Julian Breslow, Ph.D., L.C.S.W, a counselor and leader of the PN
Resource Group at Northwestern Hospital in Chicago, describes it this
way, "In our ideal life, each part is in balance in relation to all the others—like a mobile.
If something comes along to temporarily tip the balance, we usually just wait it out

until balance is restored. With chronic illness, though, a permanent element is added to the mobile. Despite all efforts to maintain the old balance, the relations between the parts will never be the same."

In our ideal life, each part is in balance

Added to that is the reality that something has to change—those diagnosed with PN have to change. Where we had previously defined ourselves predominantly by our roles: career, spouse, parent, friend, we now have to look at ourselves in a new light. It is not always clear what really has changed, and we find ourselves questioning at every turn: Do I really feel tingling, burning, numbness? Is it really that bad or is it all in my head? You can't describe the sensations you're feeling because they are so difficult to put into

(CONTINUED ON PAGE 3)

DRAWING ON YOUR INNER ATHLETE

Frank Ward had been active his whole life—hockey, football, all sports. Then, in 2008, he had to have surgery on both his knees after a devastating fall. Pushing himself through rehabilitation, he had effectively recovered within a matter of months.

But, in the spring of 2009, Frank was given a drug for an intestinal condition that set off a series of infections and allergic reactions that left him unable to walk without a cane, feel his feet, or exercise at all. For months he underwent tests and appointments until finally, in January 2010, he was given a diagnosis of toxic neuropathy.

Physically weakened from the neurological damage and subsequent months of inactivity and deconditioning, Frank had a real concern that he could end up in a wheelchair for the rest of his life. A consultation with Dr. Ahmet Höke at Johns Hopkins gave Frank encouragement regarding the potential benefits of exercise in treating this condition. Most toxic neuropathies can be reversed within two years of onset; exercise can help to speed up the process.

He learned that while there had been no human trials regarding exercise, lab rats had shown strong indications that regular intense exercise had

real potential benefits. He decided that if a lab rat could do it, so could he. He had already lost over 6 months and if anything he was sliding backward rather than striding forward.

INSIDE

- Our new Director of Development
- FPN Book Club

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2012 FPN INTERNATIONAL RESEARCH SYMPOSIUM

On March 14th, The Foundation for Peripheral Neuropathy launched our inaugural research symposium: Innovative Therapies for Peripheral Neuropathies: The Present & The Future. Initiated



in August, 2010, careful planning culminated in a symposium that brought together clinicians, basic scientists, young investigators, and pharmaceutical companies. With nearly 100 participants from across the US and seven foreign countries, the symposium was a huge success!

The symposium began with a welcome reception on Wednesday night with some special guests joining the symposium participants. Everyone enjoyed a Chicago-themed menu and the presentation of our new patient video. From the welcome by Pam

Shlemon, Executive Director, to the personal story presented by Jack Miller, Chairman, it was a wonderful beginning for the symposium.

Our purpose of the symposium, which will become a bi-annual event, was to provide a forum for open discussion to bring the challenges of peripheral neuropathy research to the forefront and allow participants to redirect future research efforts. Our hope is that this collaboration will lead to research in the next 5-10 year that will have a significant impact on patients.

Thursday kicked off three educational sessions that lasted through noon on Friday. Sessions were focused on three main areas: i) mechanisms of axonal degeneration and regeneration; ii) strengths and weaknesses of current animal models; and iii) clinical trial challenges in peripheral neuropathies.

Each session included an initial presentation by one of the leaders in the field followed by expert panelists who brought questions into discussion of what they consider are major obstacles to moving the field forward. After each group of topical presentations there was much discussion—and debate—amongst the panelists and the audience.

On Thursday evening, representatives of the U.S. Federal Food & Drug Administration and the National Institutes of Health/National Cancer Institute delivered keynote addresses. The Foundation will continue to spearhead collaborative meetings that will continue the dialogue that was started at the symposium to determine the most

One important aspect of advancing research is to invest in the talents of junior investigators who have the ability to make a significant impact in this relatively small field. With three summary papers to be published in medical

journals, we are excited for what the future brings for the Foundation—and for the future of research toward new therapies for peripheral neuropathy.

There is still much to accomplish.

effective ways to advance research.

transforming a touch that hurts into a hand that heals

PLEASE VISIT OUR WEBSITE TO VIEW THE PATIENT VIDEO WWW.FOUNDATIONFORPN.ORG

news Briefs

Role of Calcium/Magnesium Infusionin Oxaliplatinbased Chemotherapy for Colorectal Patients

A team of researchers from Boston University School of Medicine have published new findings regarding the treatment of colorectal cancer. With new screening techniques in place, fewer cases are being diagnosed. Now, the side effects from the primary treatment, Oxaliplatin, are being reduced due to Calcium (Ca) and Magnesium (Mg) infusions. Given prior to the Oxaliplatin infusion, the incidence of neuropathy has reportedly been reduced by these additional infusions. Their conclusions are that adding Ca/Mg infusions will reduce the incidence of peripheral neuropathy without any reduction in the efficacy of the Oxaliplatin.

FDA Turns Down Capsaicin Patch for Painful Neuropathy in HIV

The FDA has issued a response letter for a supplemental new drug application proposing expanding the use of 8% capsaicin (Qutenza)

to treat HIV-related peripheral neuropathy. The drug is currently in use in the U.S. for treatment of pain from post-herpetic neuralgia. The Anesthetic and Analgesic Drug Products Advisory Committee recommended against granting the expanded usage. NeurogesX, manufacturer of the drug, is currently evaluating a new version of the drug (NGX-1998) which may provide similar efficacy and safety. They could initiate Phase 3 development near the end of 2012.

EpiCept's AmiKet™ Receives Fast Track Designation from FDA

A new treatment for the neuropathic pain associated with chemotherapy-induced peripheral neuropathy has been granted Fast Track Designation by the FDA. AmiKet™ is being developed by EpiCept Corporation and is targeting patients who have previously been treated with taxane-based chemotherapy. In early 2011, EpiCept announced positive results from a National Cancer Institute sponsored study evaluating the efficacy and safety of AmiKet™. This new treatment would address a significant unmet medical need.

PNRR BEGINS ENROLLING PATIENTS

The Peripheral Neuropathy Research Registry (PNRR) has been a collaboration of efforts by the Foundation and the Foundation's consortium members—a who's who of the medical science leaders: Johns Hopkins University, Beth Israel

Deaconess Medical Center, Mount Sinai Medical Center and Northwestern Feinberg School of Medicine. We are excited to announce our consortium sites will begin enrolling patients this month.

research studies throughout

the U.S. and abroad.



The PNRR was created to help researchers learn more about PN and to characterize clinical phenotypes (physical appearance) and genotypes (genetic makeup) of patients with specific painful and non-painful neuropathies. It provides a means to share information about research findings and clinical trials. As the registry develops, it will be available for other academia centers and industry to participate in the collection of patient data and

"The cooperative nature of the formation of this registry is what makes it truly important," said Dr. Ahmet Höke, Professor of Neurology and Neuroscience at Johns Hopkins University. "With the collaboration of the consortium members, we now have a standardized method of patient examination that will greatly reduce variability in our clinical studies and research. Ultimately, the goal is that this research will result in improved diagnosis, treatments, prevention and possibly a cure for the disorder."

To learn how you can participate please see page 4

CLINICAL TRIALS

Efficacy and Safety Study of Pregabalin in the Treatment of Pain on Walking in Patients with Diabetic Peripheral Neuropathy

(DPN) (NCT01474772)

Pfizer *Multiple states/locations*

The intent of this study is to determine whether or not pregabalin demonstrates improvement for reducing DPN pain, reducing pain on walking, and providing other benefits associated with daily activities and quality of life.

Scrambler Therapy in Treating Pain and Peripheral Neuropathy in Patients Previously Treated with Chemotherapy

(NCT01347723)

Mayo Clinic Rochester, MN

A Study to Evaluate the Efficacy and Safety of a Single Application of QUTENZA Compared to that of Placebo in Reducing Pain Intensity in Subjects with Painful Diabetic Peripheral Neuropathy

(PDPN) (STEP) (NCT01533428)

Astellas Pharma Inc. *Multiple states/locations*

You can read more about these clinical trials at www.clinicaltrials.gov

mark your calendars

The Mystery of Chronic Inflammatory Demyelinating Polyneuropathy (CIPD)

May 5, 2012—8pm (eastern)

Our Board Member Dr. David Cornblath, Professor of Neurology at Johns Hopkins will be interviewed by Dr. Paul Christo on his online radio show, Aches and Gains http://www.paulchristomd.com. Dr. Cornblath will shed light on this mysterious disorder and new methods of treatment. Chronic Inflammatory Demyelinating Polyneuropathy (CIDP) attacks the nervous system and can cause painful, stinging, needle-like sensations along with numbness and weakness.

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PROFILE DONOR SPOTLIGHT



On July 29, 2011, my darling husband was rushed into Intensive Care with what would be diagnosed as Guillain—Barré Syndrome (GBS). He was left paralyzed and extremely ill. When they rushed

him from me and into Intensive Care my world fell apart-only a week before he had been running down the path to Lake Michigan. My heart sank, we had been in America for almost a year and life was starting to get good! Paul had started his dream job, my work was amazing, and we had met such a lovely set of friends, everything was falling into place, we were so happy. I couldn't believe that an extremely active and healthy 27 year old could be lying there so very ill and a former shell of himself. How could this have happened ...

This was an open letter we received from Lizzie Marshall about her husband, Paul. GBS is an acute inflammatory demyelinating polyneuropathy (AIDP), a disorder affecting the peripheral nervous system. It can cause life-threatening complications. His GBS diagnosis resulted in five plasma exchanges to cleanse his system and help his recovery. Having relocated from London and being far from family, it was scary for Lizzie to think that Paul had been turned away from two

doctors with "possibly the flu" and was now fighting to recover as his body was attacking itself.



Paul is one of the lucky ones. He has completely recovered from his GBS episode last year. His experience

left him wanting to help others who are affected by neuropathies that can have such devastating effects on people's lives. He contacted us last year to find out how he and Lizzie can help! Just recently he learned that his mother was diagnosed with PN.

On August 26, 2012, Paul and a team of his friends will be participating in the Chicago Lifetime Triathlon. They are raising money and awareness for an often unheard of, overlooked disease. Triathlons aren't for everybody but we are grateful to Paul and his friends for their support to FPN. We'll be there to root them on as they cross the finish line.

If you would like to donate to FPN in honor of Paul and his friends, go to the donations page of our website; enter *Triathlon* as the "in honor of" designation.



DEVELOPMENT CORNER

The 20 million+ Americans suffering from Peripheral
Neuropathy also deserve happiness, freedom and peace of mind. Our team at The Foundation for Peripheral Neuropathy is proud to be in a place where we can help enhance that quality of life.

With your support, and the cooperation of other patients, professionals and philanthropists, we can provide the resources necessary to improve diagnosis, treatment and prevention of Peripheral Neuropathy, while also working toward a cure.

"There is a wonderful mythical law of nature that the three things we crave most in life—happiness, freedom, and peace of mind—are always attained by giving them to someone else."

— Peyton Conway March

If you haven't done so already, please consider joining our efforts by making a gift to help accelerate innovative developments in the field. Each donation will strengthen education and awareness programs, and advance research that will transform lives!

And for a limited time, every new contribution will be matched by an anonymous Foundation partner doubling your gift and doubling your impact!

Thank you for your commitment in our life-changing and life-saving mission. To learn more about FPN's current initiatives, recent successes, and upcoming special events, or to make a gift, please visit our website at www.foundationforpn.org

All my best,

Kristen O

P.S.—Do you have time and resources to dedicate to our cause? If so, please contact me for more information on how to help dramatically improve the lives of people living with Peripheral Neuropathy. I welcome your input via e-mail at kristen@tffpn.org or by phone 847.883.9961.

Every contribution is significant. You can support The Foundation for Peripheral Neuropathy through:

- Donations to the Annual Fund
 Annual Fund gifts are used to underwrite immediate needs
 and to fulfill the mission and vision of the foundation
- Memorial/Tribute/Honor Gifts
 Provide a special way to celebrate the memory of a loved one, a birthday, anniversary, wedding, holiday or an occasion of significance for someone you love
- Major Gift Contributions

Generous and transformational gifts to sustain and grow the Foundation for Peripheral Neuropathy

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For more information about giving and sponsorship opportunities

please contact Kristen Daniels at

847-883-9961 or at kristen@tffpn.org

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city

Signature

words. Eventually you ask yourself....what did I do to deserve this? You begin to doubt yourself because there just doesn't seem to be any answers.

Unfortunately, those same questions tend to be echoed by many people in our social support system. If our conditions are partial mysteries to the experts, imagine the discomfort we generate in those around us. It's not their fault; how can they really understand something they've barely heard of and they can't see? They want to find the answer and thereby resolve their own uncertainty. Those closest to us may say, with all good intentions: "Just tough it out. Maybe you're just depressed. You look fine to me." And at some point, someone is going to feel as if we are using our PN as an excuse to avoid daily activities and life.

These characteristic responses from others tend to reinforce our own natural tendency to isolate ourselves because of embarrassment, frustration, and the unpredictability of our conditions. Alone with ourselves, our condition can become our only companion. Dr. Scott Berman, author of Coping with Peripheral Neuropathy writes, "We must find meaningful things to focus our attention on that are not pain."

We need to use this opportunity to reassess ourselves—not according to what we cannot do but according to what we can. Fredrich Nietzsche, a 19th century German philosopher wrote this, "He who has a why to live, can bear almost any how."

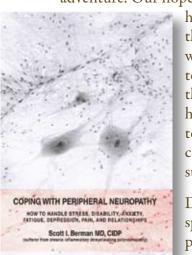
Dr. Breslow suggests keeping a Pain Diary to show you how to rearrange your days to be able to do more of what you want to do. Slowing down our routines also allows us to focus on interests that our "ideal" lives had put on the back-burner. For example, this new dimension in your life can give you the chance to help others while helping yourself. The process of redefining and rebuilding is unique for every person.

In closing his book, Dr. Berman reminds the reader that coping with peripheral neuropathy is no easy task and you will have to create your own style of coping. "When you rediscover your personal identity, your selfworth, your uniqueness, your ability to relate to others, then you have beaten the illness, whether or not you are in remission....Life is about the journey, not the outcomes."

And, once you have a clearer view of the new person you have become, it is much easier to embrace the new you!

FPN Book Club

We hope you enjoyed reading our first book club selection and are ready to begin the next adventure. Our hope is that you are able to glean



helpful information from the pages of these books that we recommend. We'd love to hear from those who read the books letting us know how you were encouraged to keep learning. We also continue to welcome your suggestions for new books.

Dr. Scott Berman, whose specializes in psychiatry and psychosocial issues, is also a CIDP patient. In his book, Coping with Peripheral

Neuropathy, he covers many of the issues patients face to be fully diagnosed with peripheral neuropathy, and then how to learn to live with the diagnosis: adapting to weakness, dealing with anxiety and depression, and changing roles and relationships.

His insight and encouragement, his camaraderie as a patient, and his resources, will offer the reader much to think about.

GREAT PAINS to Find a Cure

Our founder, Jack Miller, was featured in the Chicago Tribune in March. Here are some excerpts from his story:

"I have peripheral neuropathy," Miller told about 125 people, many of them neurologists, at the FPN research symposium.

"At 83, I'm nowhere near as young as you folks continued. "And Goldie tells me that I have to live 17 years.

"If I am going to live that much longer, I would like to live some of those years free of this constant, debilitating, de-energizing, sleep-depriving pain that has plagued me for the last 18 years. I am going to have to want to live that much longer."

Peripheral neuropathy and time have hobbled his body. But his symposium speech was the rare moment when he would hint that the disease had nicked his soul.

His pain continues to get worse. "I can't walk long distances, or I can't stand for long." Affecting millions, PN is still not widely recognized. "Only until you see someone really crippled from it do you realize how bad it is."

Mr. Miller is not a whiner; he works out every day, lifting weights, using an elliptical machine or swimming.

He has donated generously to the Foundation but acknowledges, "... far more is needed."

With a research registry launched to collect patient information that will enable researchers to access the data to perform valuable research, "the registry is just the beginning."

"This special symposium is just the first; there will be more. We think collaboration is critical so we can end the suffering so many of us go through." Visit our website to read this entire article foundationforpn.org

LIVINGWell

WHAT YOU SHOULD KNOW BEFORE

We all hope that we will never get to the point where we can't take care of ourselves. But, SOMETIMES life has a different plan and we find ourselves unable to manage our everyday activities. If you, or someone you love, are considering filing for disability benefits, here are some things you need to know:

- You can complete your initial interview (1 hour) regarding benefits by either going to your local Social Security office or by telephone.
- —You will still need to schedule an appointment to visit the local office.
- You can speed up the process—cutting the time in half —by starting your application online:
- www.socialsecurity.gov/applyfordisability
- —You can also speed things up by using the checklist to gather items that will be needed for your appointment.
- Social Security has a very strict definition of disability:
- —Unable to do any substantial work due to your medical condition
- —Your medical condition must have lasted, or be expected to last, at least one year.
- You cannot receive disability benefits solely because your doctor says you are disabled.
- It generally takes 3-5 months to get a decision.
- —Receipt of medical records can affect the timeframe.
- There is a state agency with medical and vocational experts that makes the decisions.

SOURCE: SOCIAL SECURITY ADMINISTRATION WWW.SOCIALSECURITY.GOV

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We are grateful for all those who have supported the Foundation during 2011

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We often get asked how patients can participate in the Foundation's **Peripheral Neuropathy Research** Registry (PNRR). Here, we answer some of the most asked questions.

ASK THE

EXPERTS...

How can I enroll in the Foundation's PNRR?

There are four (4) consortium (Chicago). To enroll in the PNRR you must meet diagnosed with Diabetic Peripheral Neuropathy, Chemotherapy-induced neuropathy, HIV/AIDS

> How many times must I be seen at the consortium site?

PNRR at least once. You will full medical history questionnaire including social, occupational, and family data, and have

How confidential is the database? The registry has state-of-the patient confidentiality.

> Will my insurance cover my participation in the registry?

That depends on the coverage provider. Prior to scheduling an appointment at a registry facility, you should

> How do I contact a consortium site to make an appointment?

Beth Israel Peggy Rose 617-632-0899 **Mount Sinai** Mary-Catherine George 212-241-0784

Johns Hopkins Andrea Kelley 443-287-0627

Northwestern Katherine Dunne

312-695-7950

For more information please visit our website: www.foundationforpn.org/research

TIPS FROM facebook.

Did you realize that some patients suffer with their PN symptoms more in warm weather? With summer upon us we asked them how they manage to stay comfortable. Cool water and cool shoes are among the top favorites!



Mary: Love my pool....water exercise reduces pressure on my feet and knees. Go to the park, read a book and get your Vitamin D.

Phil: Being in the pool helps with the pain and I love sitting in the sun soaking up some Vitamin D.

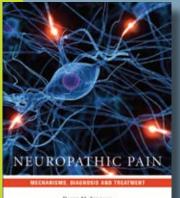
Annette: To float in the cool pool or take a cold bath and air conditioning. She loves her Havaianas sandals.

gel. And, she loves to go biking.

Leona: My husband can't be in the pool, but he enjoys his Adidas Sport Sandals.

Diane: I've tried dozens of shoes but can only wear Crocs.

Neuropathic Pain: Mechanisms, Diagnosis, and Treatment David Simpson, Justin McArthur, Robert Dworkin



Investor C. McAntinue

ROBERT H. DWORKIN

and Dr. Dworkin, international pain have spent the last few years collaborating on this book. The incidence of neuropathic pain continues to rise, yet it is an affliction often misdiagnosed or in recent years considerable research has been dedicated to understanding its mechanisms, there have been few advances in treatment to be used by medical professionals and students.

a guide for diagnostic approaches and treatment of neuropathic pain for the student, resident, practicing physician, researcher, and specialist.

Denise: Loves the cool water of the shower—or a cool

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(CONTINUED FROM PAGE 1)

Unfortunately, he was now dealing with significant symptoms from his neuropathy, numbness and discomfort in his feet and ankles, coupled with extremely weak and unstable knees. A weakened back had become increasingly susceptible to debilitating and painful back spasms. He did not have the old familiar feeling that his body would respond to his hard work by healing and getting stronger.

Frank feels his turning point came when he began working with Mark Salamon, a Physical Therapist with Coordinated Health in Allentown PA. Together they created a plan that would begin with the basics and advance through the equipment in the clinic. Therabands, light weights, core strengthening, stability ball, foam pads and balance beams, stationary bike to elliptical trainer...they used it all!

With a tolerance for pain that both Frank and Mark understood, and with Frank's unique personality guiding them, they worked together 2-3 times per week, sometimes for 1 ½ - 2 hours at a time. Their strategy required that Frank push himself to the limit while working with Mark

and then commit to the same level of dedication and effort in workouts he did on his own. Frank took his workout gear to the office and walked up and down the stairs there in his free time.

After a year of focused and demanding work, Frank achieved significant success. Twenty-two months after the knee surgery, and ten months after the PN diagnosis, Frank progressed from needing assistance to climb one flight of stairs, to running up and down thirty flights of stairs at a time. Time and again he had called on his inner strength and dedication to keep going.

Frank has made a recovery that at times he had despaired of ever accomplishing. He feels as if he has been given back his life. He is able to travel without limitations. He recently visited Paris, walking miles through the streets and museums, and even climbing the steps in the Eiffel Tower. He is participating in sports again and in late May plans to run in a 5K race.

YOU CAN SEND US QUESTIONS OR FEEDBACK AT **INFO@TFFPN.ORG** OR CALL US AT 847-883-9942

The Foundation for **Peripheral Neuropathy** newsletter, FPN News is published two times a year, Spring and Fall. For all who subscribe to our FPN newsletter, you will also receive our, FPN E-news bulletin. To receive the FPN E-news bulletin, please sign up on our website.



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485 Half Day Rd., Suite 200 Buffalo Grove, IL 60089

Our mission is to dramatically improve the lives of people living with Peripheral Neuropathy.

The Foundation for Peripheral Neuropathy will be the catalyst for advancing innovative therapeutic developments and accelerating a cure for painful neuropathies by funding collaborative efforts of leading scientists and physicians. We will strive to raise awareness of peripheral neuropathy through outreach programs to patients, their families and healthcare professionals.

Nonprofit Organization U.S. Postage Paid Buffalo Grove, IL 60089 Permit No. 255

May 8, 2012

7PM-8:30PM

PATIENT SEMINAR AT WELLNESS HOUSE

Hinsdale, IL

Peripheral Neuropathies: From the Patient Perspective

Speaker: Dr. Senda Ajroud-Driss, Professor of Neurology, Northwestern University.

August 26 , 2012

CHICAGO TRIATHLON

There is a team registered to participate with Paul Marshall, GBS patient. Check our website for details.

TBD (Fall)

PATIENT SÉMINAR AT WELLNESS HOUSE Northbrook, IL

CHECK OUR WEBSITE FOR UPDATES ON ALL EVENTS



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website at www.foundationforpn.org.

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