



the FOUNDATION *for*
PERIPHERAL NEUROPATHY®

DEDICATED to REVERSING *the* IRREVERSIBLE

Welcome to our eCatalog of topics! For your ease of use, we have compiled this list of our most popular topics with links to content you can find on our website. Please feel free to send us questions or feedback about this eCatalog to info@tffpn.org. All blue text is hyperlinked.

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2018 DC FPN Patient Conference: Updates and Breakthroughs : What is New in Research on PN? The PNRR: What is its Part in the Puzzle, and How can You Fit?; Coping with Pain: Tips and Techniques; Physical Therapy and Exercise: The Physical Side of Managing Neuropathies	June 2018
2018 New York FPN Patient Conference : Overview of Neuropathic Pain and Pharmacological Approaches; MD Controlled Substances: What are the Roles of Opioids and Medical Marijuana in the Treatment of Neuropathic Pain? Optimizing Communication with your Provider and Beyond Drugs: Non-Pharmacological Management of Neuropathic Pain; Research and Technology for Possible Options to Neuropathic Pain Treatment	October 2018
2019 Austin Patient Conference : Clinical Trials for Treatment of Neuropathy; Maintaining Your independence at Home and on the Road; Integrative Approaches to Thriving with Chronic Illness: Addressing the Mental, Emotional and Relational Aspects of Your Journey; Panel Discussion: Exercising through All Stages of PN – Advice from Exercise Experts	September 2019
In their Own Words: This is Peripheral Neuropathy	July 18, 2020
eNews: Physical Therapy and PN	June 2021
What We Want You to Know about PN	August 2021
Weather and Peripheral Neuropathy	
eTip: Coping with heat that can worsen chronic pain.	July 3, 2018
Foundation for Peripheral Neuropathy Brochures	
Improve Treatment, Discover a Cure	
Understanding Peripheral Neuropathy	

<p>Together we bring information, resources and hope to those suffering with Diabetic Peripheral Neuropathy</p>	
<p>The Peripheral Neuropathy Research Registry</p>	
<p>Foundation for Peripheral Neuropathy Newsletters</p>	
<p>Fall/Winter 2016: 2007-2017 10 Year Anniversary of FPN; Recognizing FPN Founder Jack Miller; Vitamin Nicotinamide Riboside Protects Mice from Diabetes Complications; What is Scrambler Therapy and How Does it Work; News Brief: Third Biannual International Research Symposium: Letter from Scientific Advisory Board Member Dr. Ahmet Hoke; Forever Grateful-Letter from Board Member Patti Davis; Clinical Trials; Yoga – Training Your Body, Mind and Spirit to Deal with PN; Giving Tuesday; Board Member Spotlight on Adam Halper; FPN Symposium Excerpts; Professional Patient Advocates: Making Sure You Have Someone on Your Side; Letters from Fans</p>	
<p>Spring/Summer 2017: Message from the Executive Director; The Voice of the Patient; European Workshop Focuses on Anti-MAG and IgM Paraprotein-Associated PN; Blocking Molecular Signaling Pathway Could Prevent or Reverse PN; SLU Scientist Examines Potential Biomarkers for Pain Lined to Debilitating Health Conditions; New Book: Small Nerves, Big Problems; Clinical Trial Update; Complementary Therapies – Medical Cannabis Q & A; Thank you to 2016 Donors (listing); Spring Cleaning; Letters from Fans; Why People Give to Charity</p>	
<p>Fall 2017: Opiates for Neuropathic Pain: Problem or Panacea? Patient Profile: Bobby Rigney; Preventing Complications and Treating Symptoms of Diabetic PN; Sigma 2 Receptor/TMEM97 Agonists Produce Long-Lasting Antineuropathic Pain Effects in Mice; Aptinyx Conducts Phase 2 Trials of Investigational Therapy for Neuropathic Pain and Fibromyalgia; News Brief: Chicago Patient Conference; Easy Way to Find a PN Clinical Trial Near You; FPN Represented at NINDS Forum for Non-Profits; Donor Spotlight on Walter Van Woudenberg and Saskia Keyes; Leave a Legacy; Relieving Numbness and Pain with Acupuncture; Finding the Right Cane; Letters from Fans</p>	
<p>Spring 2018: A Message from the Executive Director; A New Approach to CIPN Symptom Management; Peripheral Neuropathy Research Registry Yields New Discovery; PN Patient Conference Held in Washington, DC; FPN Launches FPN Ambassador Committee; Ask the Foundation: Balance Tips; Spotlight on PN Awareness Week; FPN Welcomes New Board Members, Dr. Senda Ajroud-Driss and Dr. Gordon Smith; Letters from Fans; Careful: Those Supplements May Do More Harm than Good; Efficacy of Spinal Cord Stimulation</p>	

<p>Fall 2018: From the Executive Director; Walking with Peripheral Neuropathy by Patient Robert Manning; Unbiased Biomarker Discovery in Painful Idiopathic Neuropathy; The Search for Biomarkers Indicating Pain; FPN Conducts Survey for FDA; Managing and Coping with PN; Peripheral Neuropathy Patient Conference Held in New York; Donor Spotlight: The Legacy of Naomi Kronfield Shapiro; Tips for Caregivers; From the Bookshelf; Charitable IRA Rollover</p>	
<p>Spring 2019: From the Executive Director; Accentuating the Positives by Chef and Patient Bill Nolan; Key Data from FPN Patient Registry Highlighted in Top Medical Journal; Donor Spotlight: the Legacy of Mary Jo Tucci; New Drug Development Underway to Prevent Chemotherapy-Induced PN; Treatment Options and Pain Management; FPN Welcomes New Board Member, Van Salmans; Letters from Fans; Managing your (Diabetic) Peripheral Neuropathy; Making an Impact Today and Into the Future</p>	
<p>Fall 2019: From the Executive Director; Bringing Home the Gold (Profile of Dana Delgado); PN Biomarker Study; PNS Meeting 2019; Acupuncture for the Treatment of Neuropathy; Living Well with PN – Austin Patient Conference Held; Driving and Neuropathy; The Faces of Peripheral Neuropathy; Charitable Giving in the New Tax Age; Shop and Support FPN with Amazon Smile</p>	
<p>Spring 2020: From the Executive Director; Got Nerve? Meet Allison Stone, who organized a run in Virginia; Research: Predisposition of PN by Genetic Markers?; AAN & PNS Meetings; Patient Education Webinars Announcement; FPN Launches Advocacy Campaign to Include Peripheral Neuropathy in Department of Defense Medical Research Budget; Nerve Basics; Traveling with a Disability; Integrative Treatments for Neuropathy: Vitamins and Supplements</p>	
<p>Fall 2020: From the Executive Director; The Power of Nutrition: Patient Profile of Barbara Montgomery; Research: Celebrating PN Research; Virtual Programming Opportunities; Amid Challenging Times, FPN Continues Advocacy for Peripheral Neuropathy Research Funding; Ronald Lissak: Board Member, PN patient, and COVID-19 Survivor; A Sense of Balance; Nerve Health: The Power of Nutrition; HOKA ONE ONE “Run the L” Challenge</p>	
<p>Spring 2021: From the Executive Director; The PNRR Welcomes the University of Michigan and Dr. Amro Stino; PNRR Profile: Simone Thomas; A Year Full of Learning (upcoming webinars); Advocacy: PN is Finally Eligible for Funding from the DOD!; Clinical Trails Amidst COVID-19; Buddy Up; FPN Volunteer Spotlight: Alex Feigenbaum; Supplements for Nerve Health</p>	
<p>Fall 2021: From the Executive Director; New Research Project Underway; PN Foot Care; What is our Research Registry all about?; Fall 2021 Government Relations Update; FPN Welcomes New Board Member (Kristy Townsend, PhD); Make 2021 the Year for Giving; Common Causes of B Vitamin Depletion;</p>	
<p>Facebook Chat Transcripts</p>	
<p>Neuropathy After Cancer: CURE Magazine Facebook Chat</p>	<p>July 2014</p>

How to Live Well with Neuropathy: PainPathways Magazine Facebook Chat	May 2015
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About the Foundation for Peripheral Neuropathy	
2018 Mid-Year Update – what we’ve been up to at FPN	Mid-year 2018
2018 Annual Impact Review	2018 End of Year
eNews: Congratulations to FPN Board President, Lou Mazawey, named among “Best Lawyers” in Washington, DC	February 2019
FPN News: Introducing Van Salmans: PN Sufferer and new FPN Board Member	Spring 2019
Blog Post: FPN Welcomes New Board Member, Van Salmans	February 1, 2019
Blog Post: FPN Welcomes New Board Member, Ron Lissak	May 21, 2020
Blog Post: FPN Welcomes New Scientific Advisor, Dr. Steven Scherer	November 16, 2020
Blog Post: FPN Welcomes New Scientific Advisor, Dr. Eva Feldman	December 6, 2020
Blog Post: FPN Welcomes New Board Member, Kristy Townsend	June 4, 2021
Advocacy	
Email: We need your help to make our voices heard! Help us spread the word about PN!	March 27, 2018
Blog Post: FDA and FPN survey patients on chronic pain and treatments	July 17, 2018
Blog Post: Update on FPN’s Campaign to Get PN Research in the US Budget	July 31, 2019
eNews: Call to Action: Help Us Get Your Voice Heard for More Research Funding	August 2019
Blog Post: Call to Action 2020! Help Us Get Your Voice Heard for More Research Funding!	February 10, 2020
Blog Post: FPN Government Relations Update: May 2020	May 6, 2020
Blog Post: Peripheral Neuropathy Designated Among Conditions Eligible for Research!	November 6, 2020
Blog Post: FPN Applauds Congressional Action to Increase Research for Peripheral Neuropathy	December 22, 2020
Blog Post: Call to Action 2021! We Need to Keep Our Voices Loud!	February 8, 2021
Blog Post: Peer Review Medical Research Program is Open for PN Research Applications!	March 17, 2021

Blog Post: Peripheral Neuropathy is Again an Eligible Condition for DOD Grants	October 25, 2021
Awareness	
Name it! Learn it! Cure it! (Video)	
Webpage: What can YOU do to raise awareness for PN?	
Webpage: Spread the Word for PN Awareness!	
Webpage: Share the Facts for PN Awareness!	
Email: We need your help to make our voices heard! Help us spread the word about PN!	March 27, 2018
Blog Post: We need you for #PeripheralNeuropathyAwareness (2020)	April 17, 2018
ENews: Peripheral Neuropathy Awareness Week Recap: May 4–10, 2020	May 2020
Blog Post: Join Us for #PeripheralNeuropathyAwareness Week 2021!	April 28, 2021
Blog Post: Jen's Story: Raising Awareness for PN Brings People Together	May 25, 2021
Video: What We Want You to Know about PN	August 2021
eNews: President Joe Biden Diagnosed with Neuropathy	December 2021
eNews: Comedian George Lopez Sheds Light on Neuropathy and Kidney Disease	December 2021